In this CPD issue:

Welcome to the 2nd issue of the SAJP journal for 2010. The FIFA World Cup event is just round the corner and I have decided to share a few trivia about the global event before delving into the editorial of this issue.

Did you know that:

a. The first World Cup soccer match kicked off on July 13th, 1930 with France beating Mexico 4 – 1
b. There were a total of 13 teams in the first World Cup
c. South American and European countries have each won the World Cup 9 times
d. No European team has won a World Cup played outside of Europe
e. Cameroon’s Roger Milla is the oldest player at the World Cup – he was 42 years and 39 days old when he played his last match against Russia in 1994
f. No other continent has produced a World Cup Champion

The last article is on Mouthwash by WFP. It starts with a historical introduction that indicates that mouthwash use dates back 5 000 years when the Chinese recommended the use of a child’s urine for the control of gingivitis. The first over-the-counter mouthwash for bad breath was launched in 1914 and since then various mouthwashes are now in use from antibacterial rinses to analgesic and anti-inflammatory mouthwashes. The authors succinctly explain the various clinical conditions present in the mouth and the appropriate mouthwashes to use. The article concludes that clinicians should be aware of possible interactions between mouthwashes and other topical preparations when they are used simultaneously and when in doubt, to consult a colleague.

Till the next issue of the SAJP, have a wonderful preparatory phase as we anticipate the greatest football event on the African soil.

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Reference: